

Khoá

Lễ Tốt Đạo

November 12, 2017

Phần 1 : nhắc lại mục đích tu hành

Chuyển hoá thân Ngũ Âm
thành thân quay mình

→ lâm hiển hiện

Goal

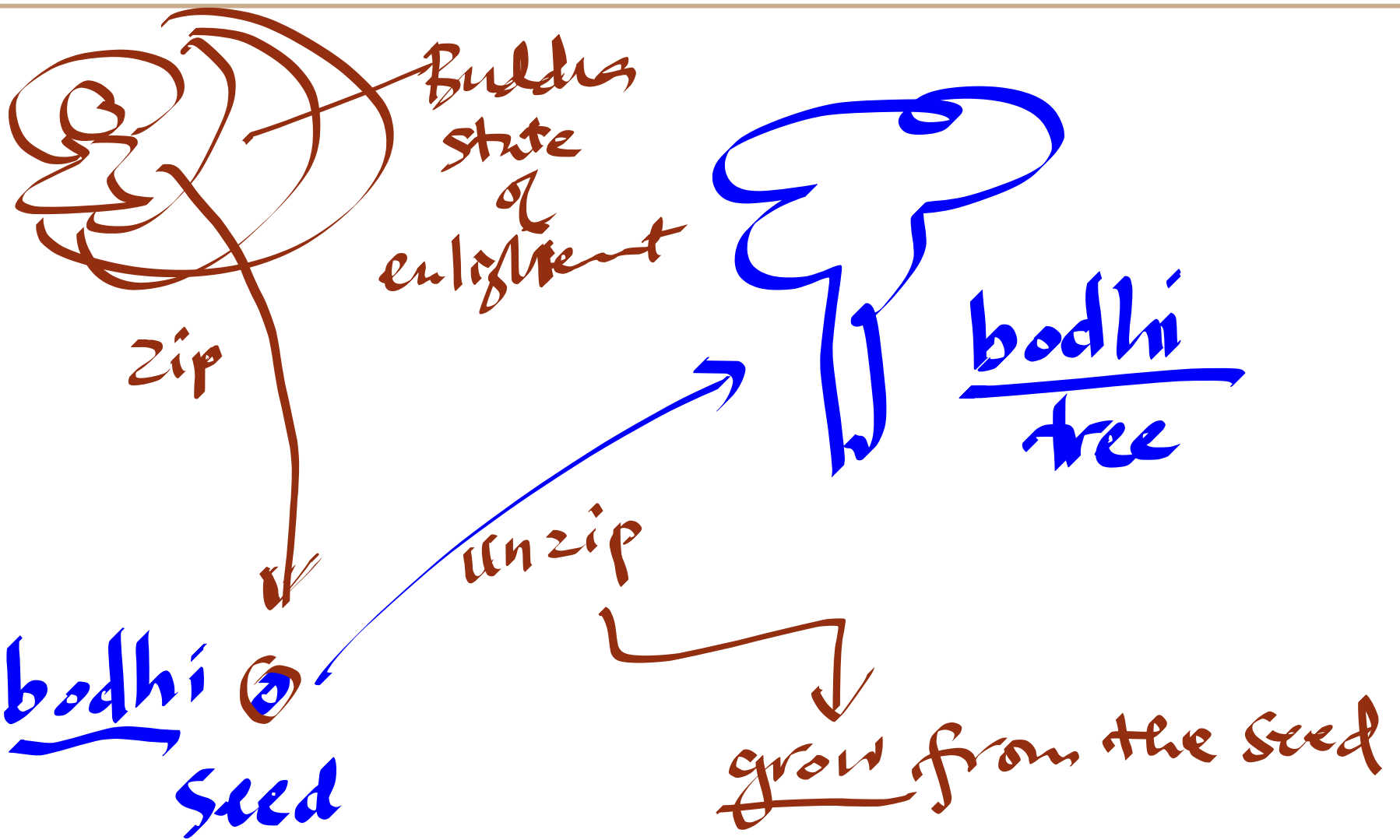
Transform the
Skandha body
into body of light

from the Skandha body emerges the body of light

ordinary body
5 skandha body
karmic body

Buddha body
body of light
Dharma body

emerges
顯現



Chứng tử tử
Hạt giống quay níp

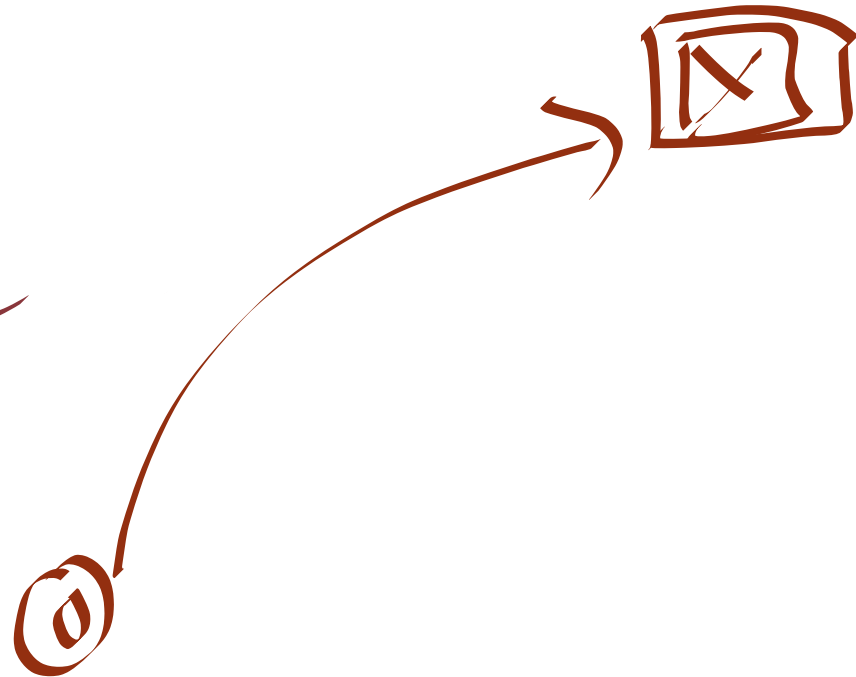
| hạt giống Phật

Paradigm shift



changing the mental map

cultivate = evolve



Part 2: Purifying the environment

using the Sunlight mantra
and seed syllable ॐ

Moonlight mantra
and seed syllable ॐ

∴ Purifying the environment means to turn the cultivation space into the sacred ground where evil spirits cannot interfere, and karmic hindrances will not be attracted to obstruct the cultivation.

We need to use the 2 mantras:

◦ Sunlight mantra
together with ॐ

◦ Moonlight mantra
together with ॐ

Why do we need these 2 Bodhisattvas?

• Because the 2 Sun and Moon Bodhisattvas have vowed to help us accomplish the Great Compassion mantra and the 42 Hands and Eyes practices.

How to practice the two Sunlight and Moonlight mantras?

• When? Before practicing
the 6 Hands

• How? Visualize in 3 areas:
- Front - back
- Above - below
- Inside - outside

Back

Front



Shadows
hidden personality

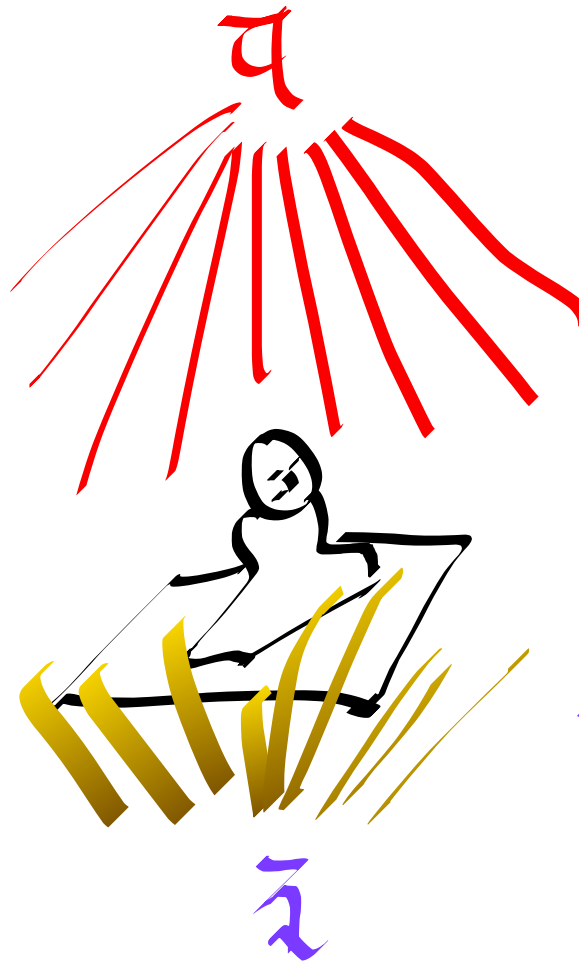
personae
visible personality

Past

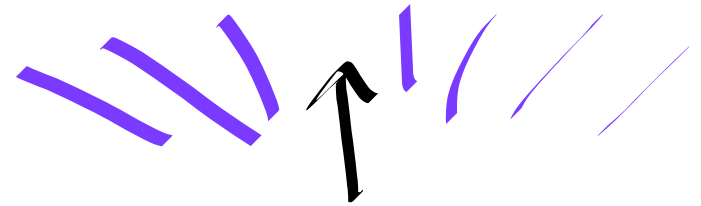
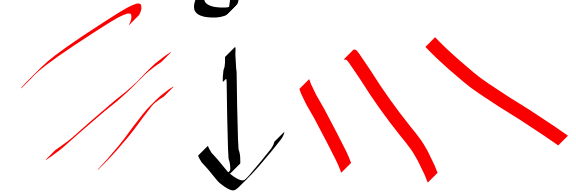
Present



2



superconscious
siêu ý thức



tiềm thức
Subconscious

3



Can be aware
macrocosm
vĩ mô

Can't be aware

microcosm
vi mô

Part 3: The 2 seed syllables
(seed of light)
𑖅 and 𑖆



バ(バ)
字
ba

(参考)異体字



ダ(ダ)
字
da

The seed syllable ॐ BA

According to the Avatamsaka sutra, when we recite and visualize the ॐ BA we will enter the gate of transcending wisdom (Prajna Paramita gate) called the Vajra Field.

バ(バ)字

ba

(参考)異体字

Kim Cang Trạng
Vajra field

indestructible a feature of
the True
Mind

Bất khả hoại
Bất hoại

trạng trạng
của Chân
Tâm

Dịch ý: Trạng trạng
bất hoại của Chân Tâm

Seed syllable ॐ pairs with the Sun
Essence Mani Hand & Eye

バ(バ)字

ba

(参考)異体字

Nhật
mặt trời

Tinh
cốt lõi

Mani
Ngọc như ý sáng
cứng như kim cương

Sun/
Brilliance


Essence

Jewel/
illumination

Essence of wisdom

Dịch ý: sự tỏa sáng từ cốt lõi trí tuệ

Trancending
Worldliness
self-practice

- Visualize the seed 
- Practice the Sun Essence Mani Hand

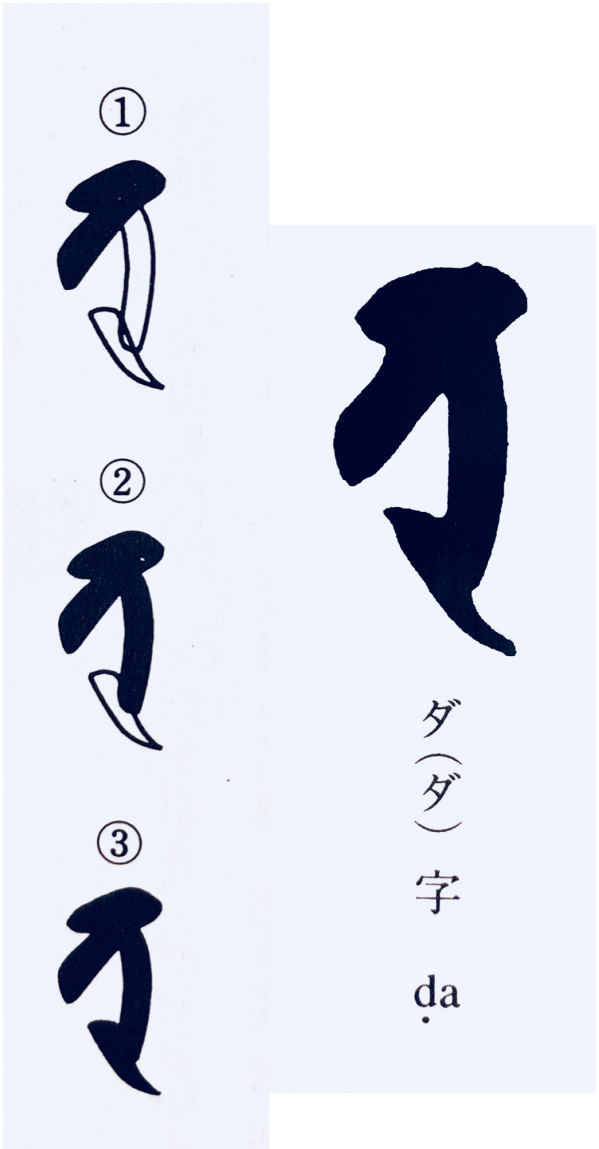
Engaging
with the
World -
cultivating
with others

- Develop the habit of untying knots
- Develop the habit of seeing true nature

{ Hand, behavior, action
{ Eye, point of view

The seed syllable ॐ DA

According to the Avatamsaka
sutra, when we recite and visualize
the ॐ DA we will enter the gate
of transcending wisdom (Prajna
Paramita gate) called the Universal
(or Pervasive) Wheel.



Phô²
 khắp tất cả
 Everywhere
 Universally

luân ↘
 bánh xe
 sự chuyển động
 vòng tròn
 a wheel / orb
 cyclical movement
 a domain

Dịch ý: Sự chuyển vận của
 Chân Tâm khắp mọi nơi
 the manifestation of the True Mind
 everywhere (in all cyclical movements)

Seed syllable 𑖀 pairs with Moon Essence Mani



𑖀
(𑖀)
字
da

Nguyệt
Nhat trắng
Tủ bi

Moon/
Reflection/
Compassion

Tinh
Cốt lõi
tinh hoa

Essence

Mani

Ngọc như ý sáng
cứng như kim Cang

Jewel/
illumination

Essence of compassion

bao dung
tha thứ

Dịch ý: sự toả sáng từ cốt lõi lòng đại bi

Trancending
Worldliness
self-practice

- Visualize the seed 
- Practice the Moon Essence Mani Hand

Engaging
with the
World -
cultivating
with others

- Develop the habit of Hand uplifting
- Develop the habit of Eye Forgiving

{ Hand, behavior, action
{ Eye, point of view

Relationship between ॠ and ॡ



Vajra Field

- tổng tướng
(general/totality)
- Cấu trúc
(structure)
- Nhiều (all)



Pervasive Wheel

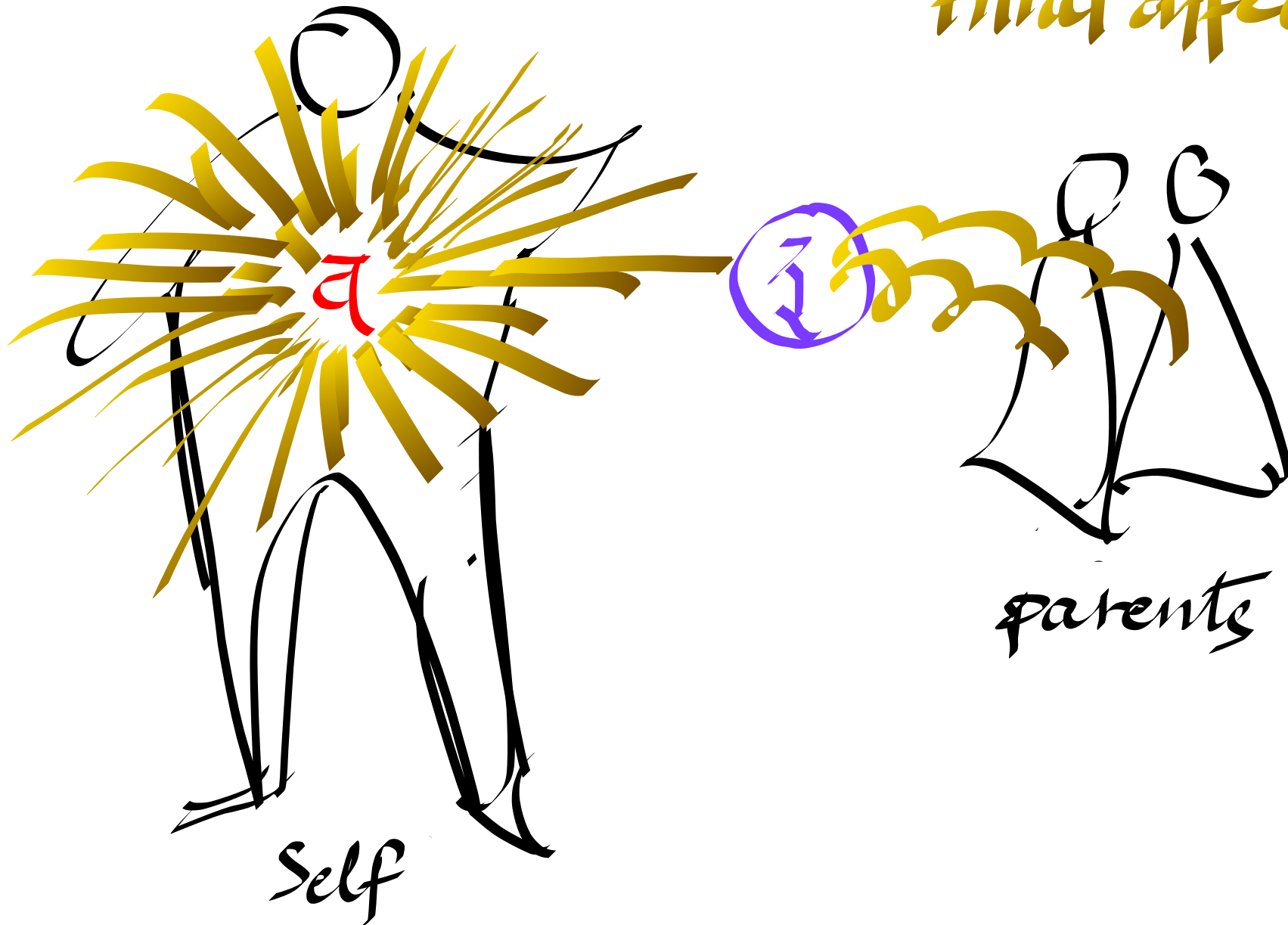
- biệt tướng
(specific)
- Quá trình
(process)
- Một (one)

1 BA → open up our hearts
and minds

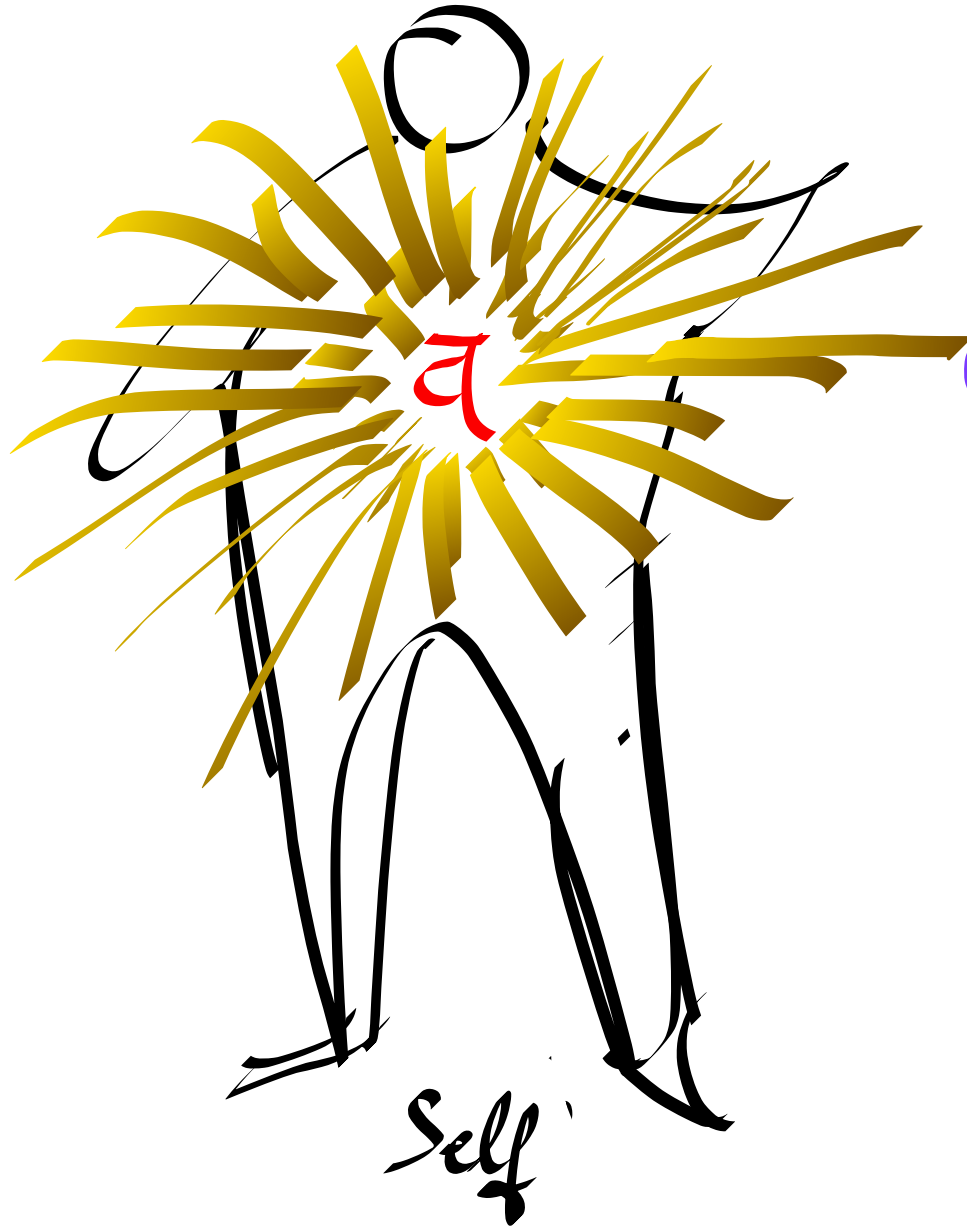
2 DA → expand the mind
toward appropriate
application

Love

Filial affection



Love



unbounded
love



- caring
- loyalty
- responsibility
- generosity
- respect
- forgiveness
- empathy
- sacrificing
- support



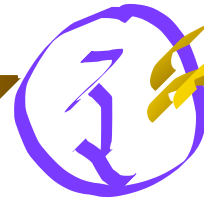
Self

Spouse

LOVE

- understanding
- empathizing
- forgiving

forgiveness

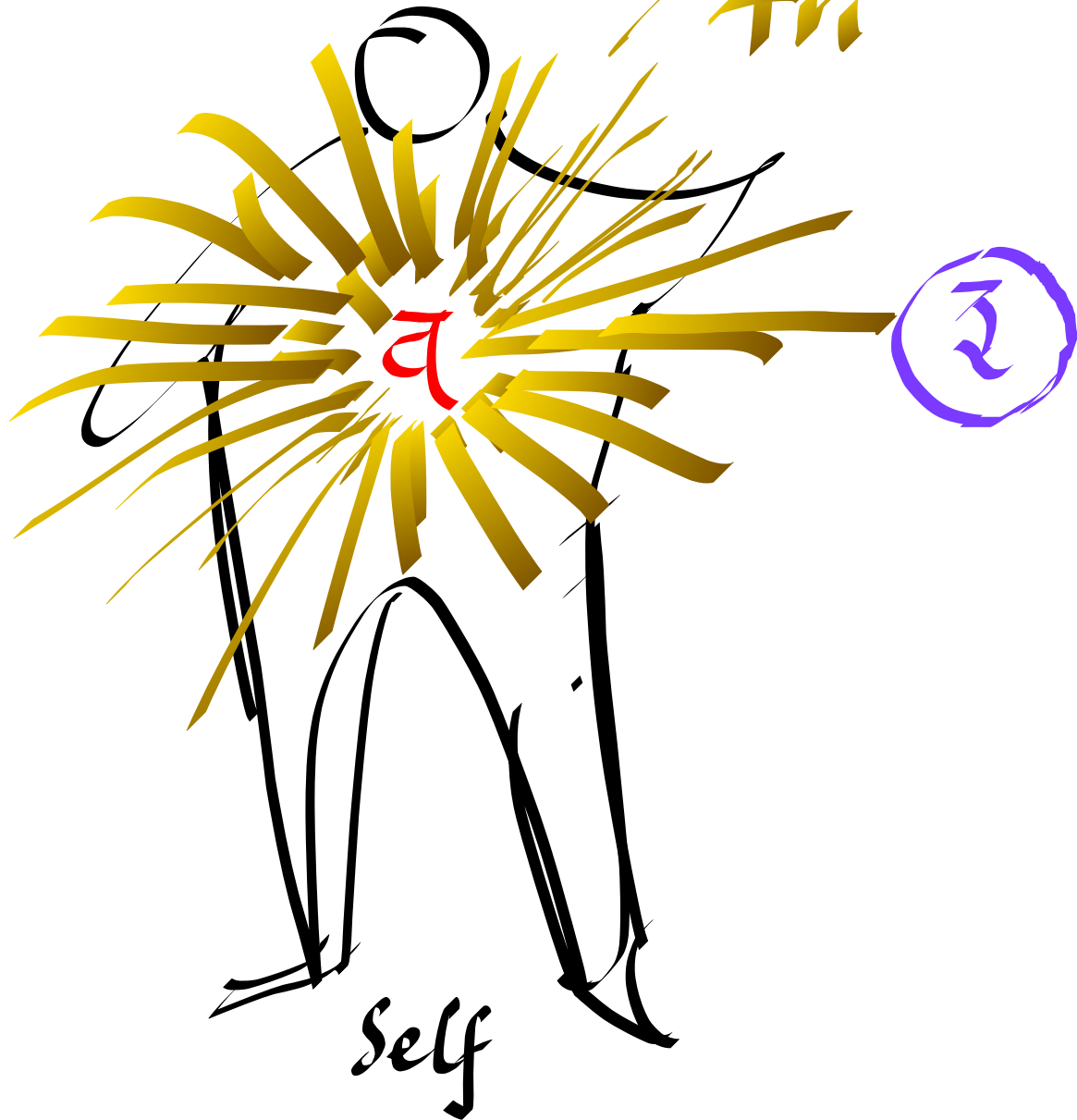


self

enemy

intelligence

tri



Self



nhà/house

intelligence

tri



Self



facility



(Processes)
interaction
siao hep

intelligence

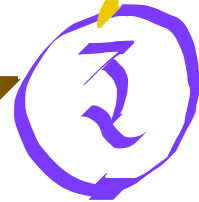
tri



- joyful
- open, organized, clean
- beautiful
- lively

intelligence

tri



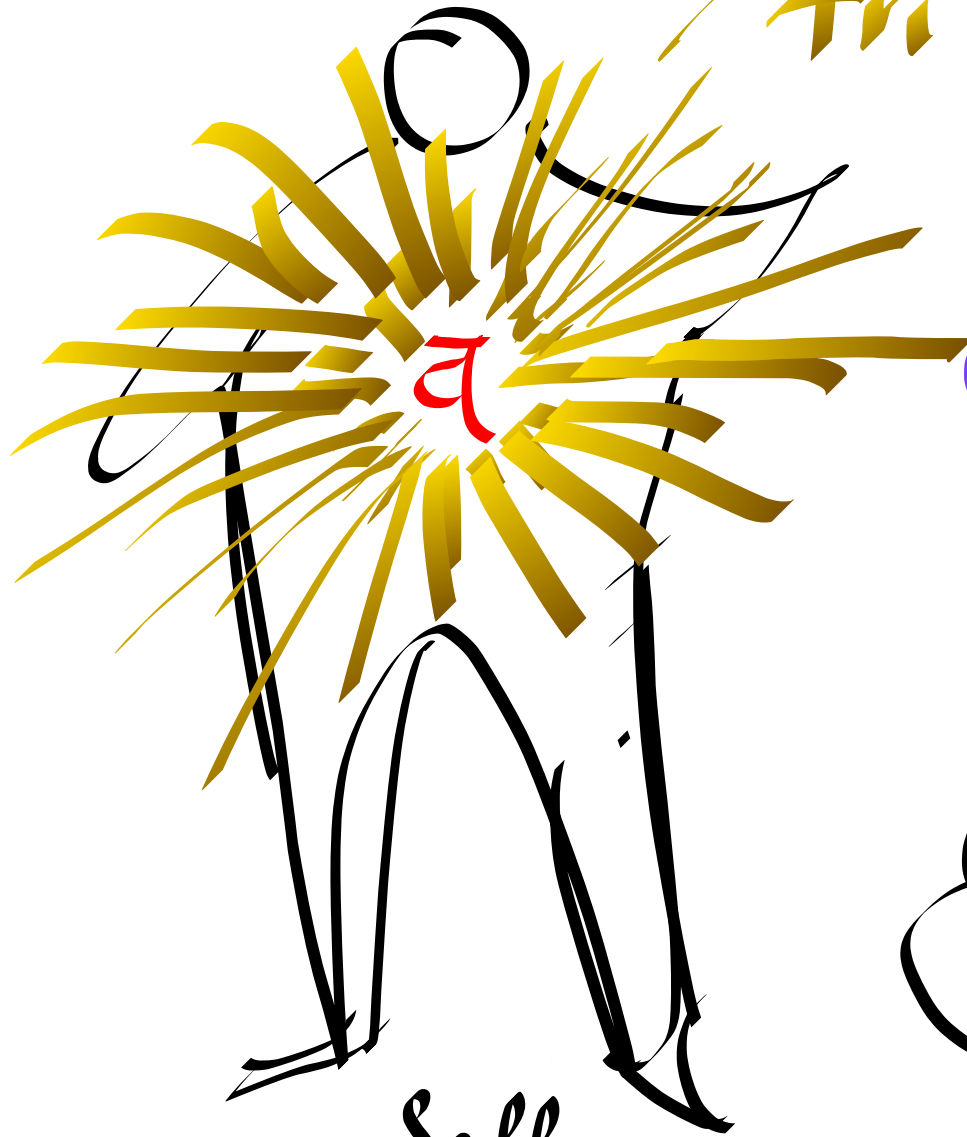
{ knowledge
understanding

Harmony

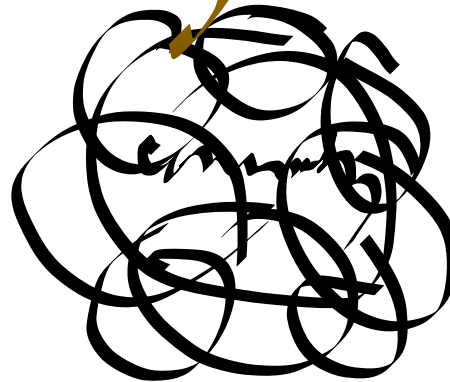


intelligence

tri



Self



organization



school

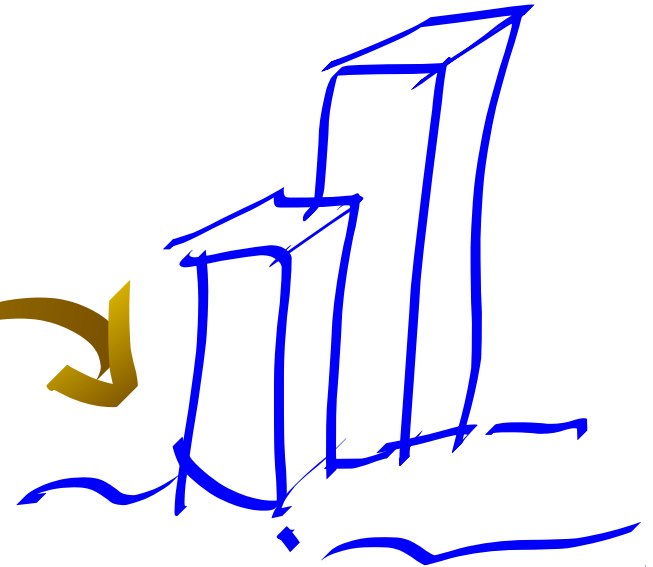
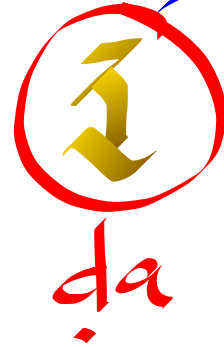


Market



architect

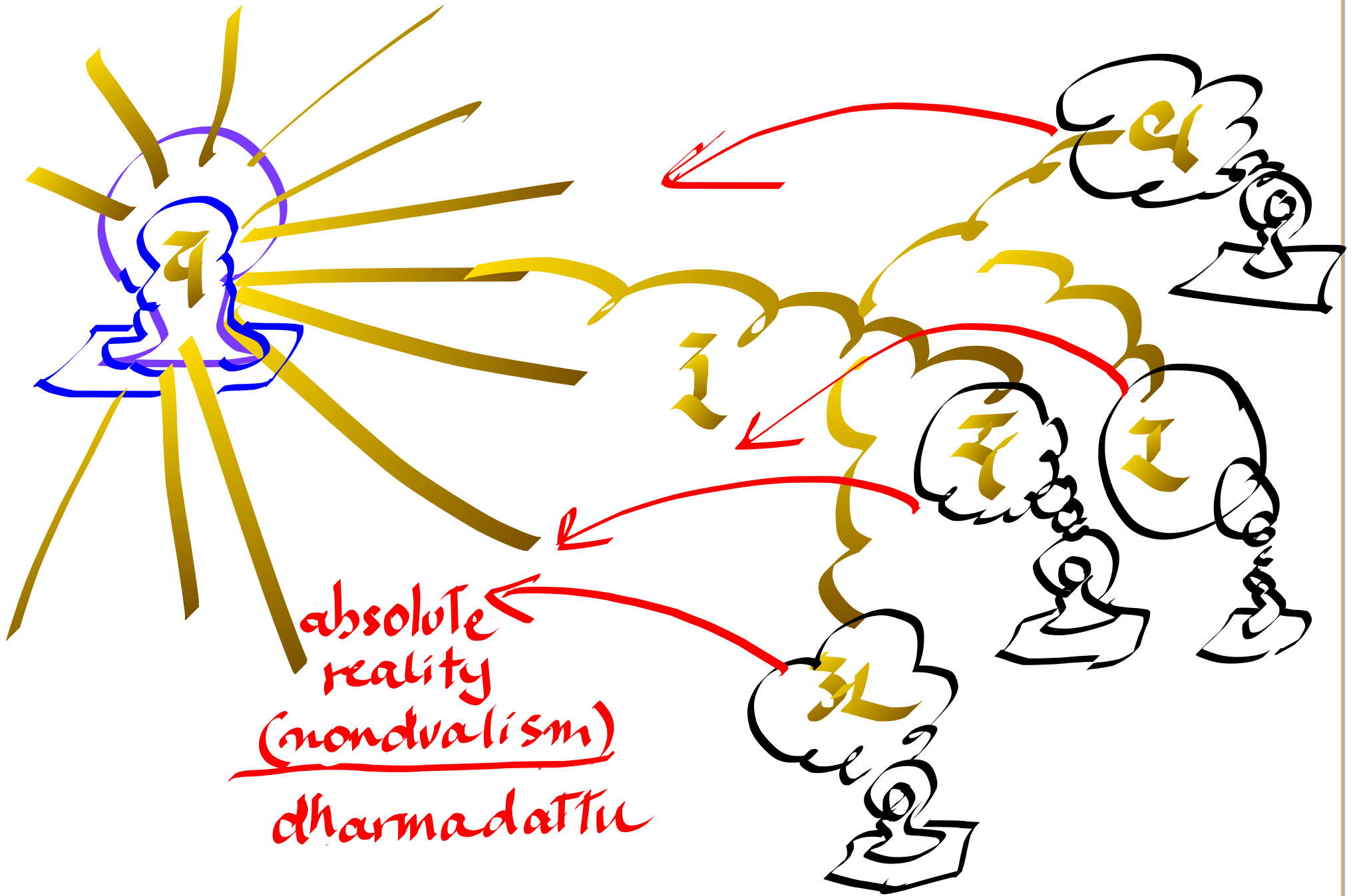
creativity



nondualistic world

merging

mundane world dualism



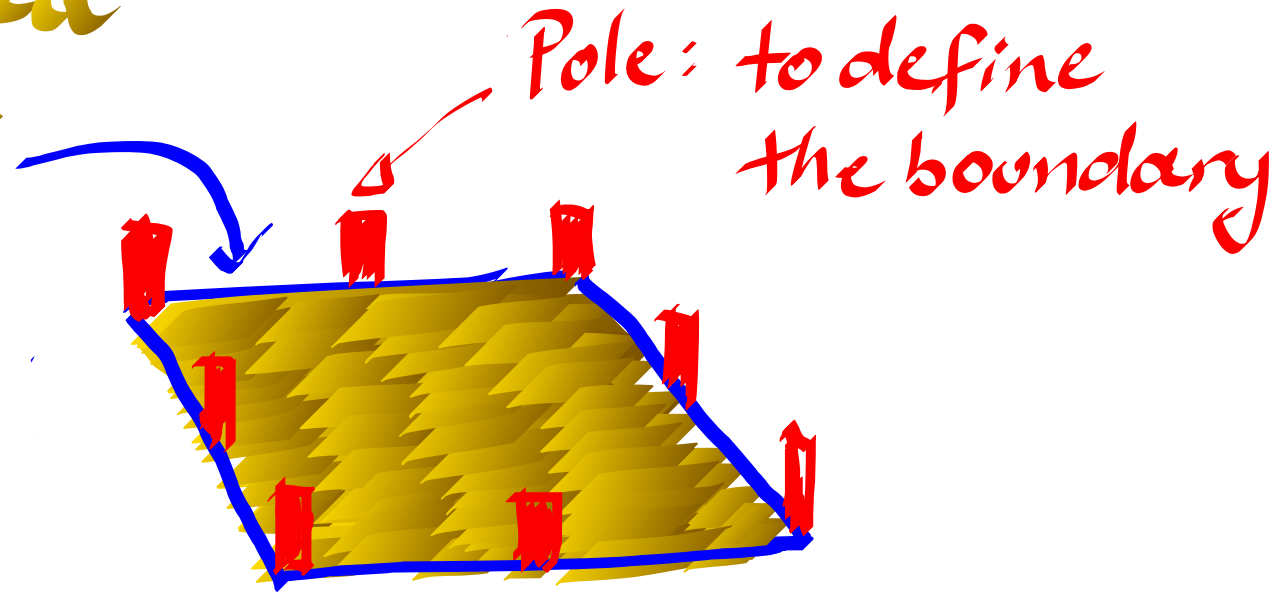
Bonus:

other teachings

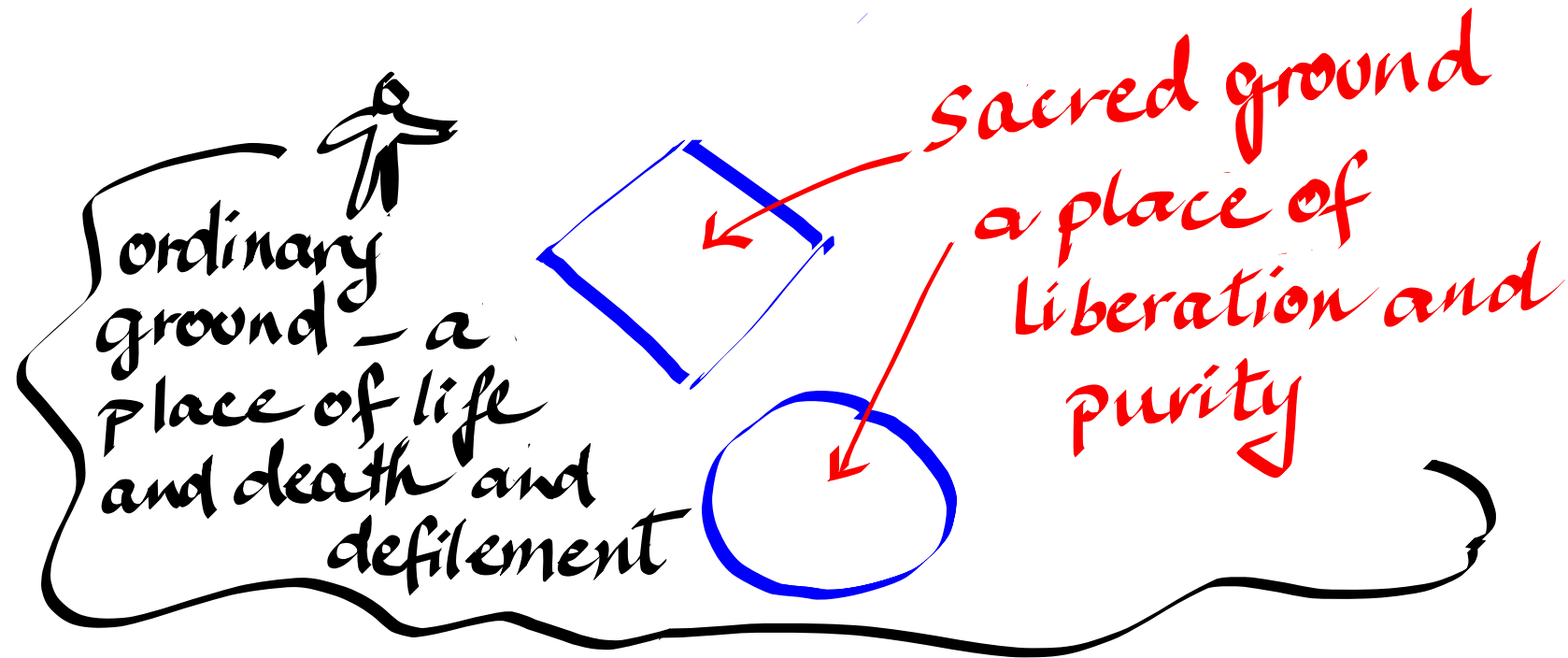
những triết lý khác

Điền tràng (mandala)

the sacred area
where novices
receive the
precepts
(oldest form of
mandala)



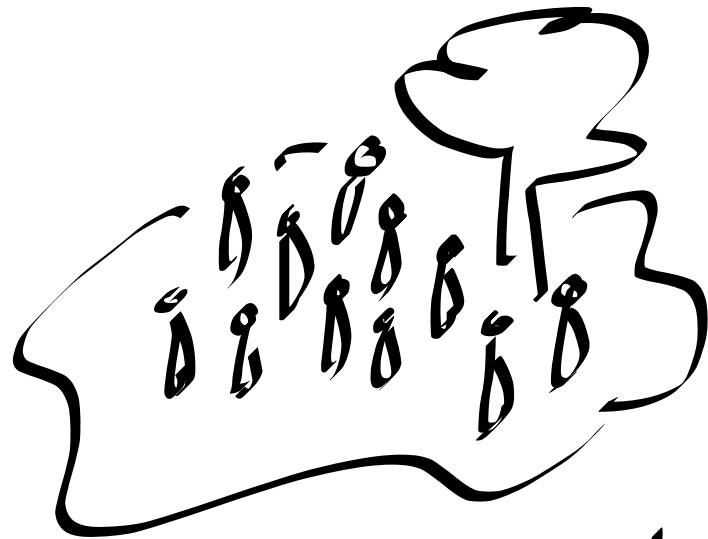
Mandala is a holy place where the Buddhas and Bodhisattvas gather to perform ceremonies or teach dharma



Mandala can be a square or circular shape
Entering the mandala means entering the sacred ground of liberation & purity

Đạo tràng (bodhimanda)

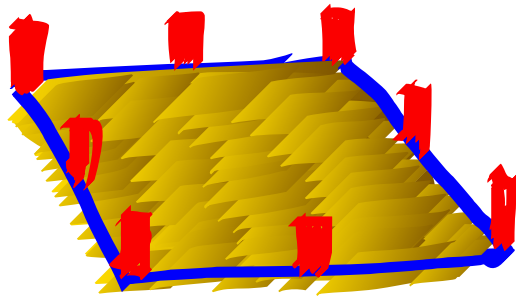
A place for people to gather to cultivate ethics, samadhi, and wisdom.



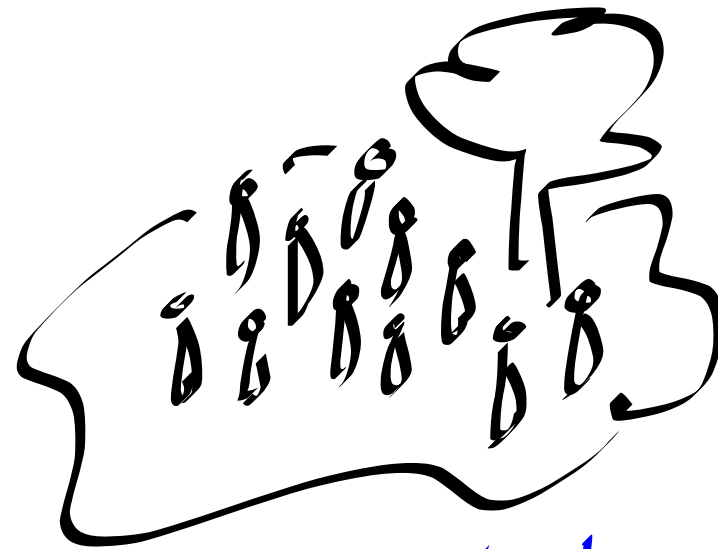
“ there is always a mandala inside the bodhimanda,
why? because it's a place for the Buddha to
appear

From mandala to bodhimanda

mandala → bodhimanda

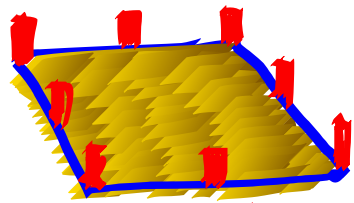


- A physical space
- A sacred place
only the Buddha
and the appointed
sages can be there



- A general place
- A purified space
where anyone can
come to cultivate

From mandala to bodhimanda to Vajra Field



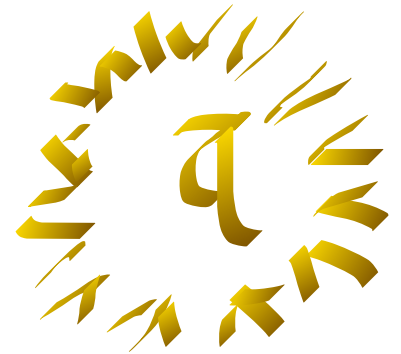
mandala

- Form & substance
- Object



bodhimanda

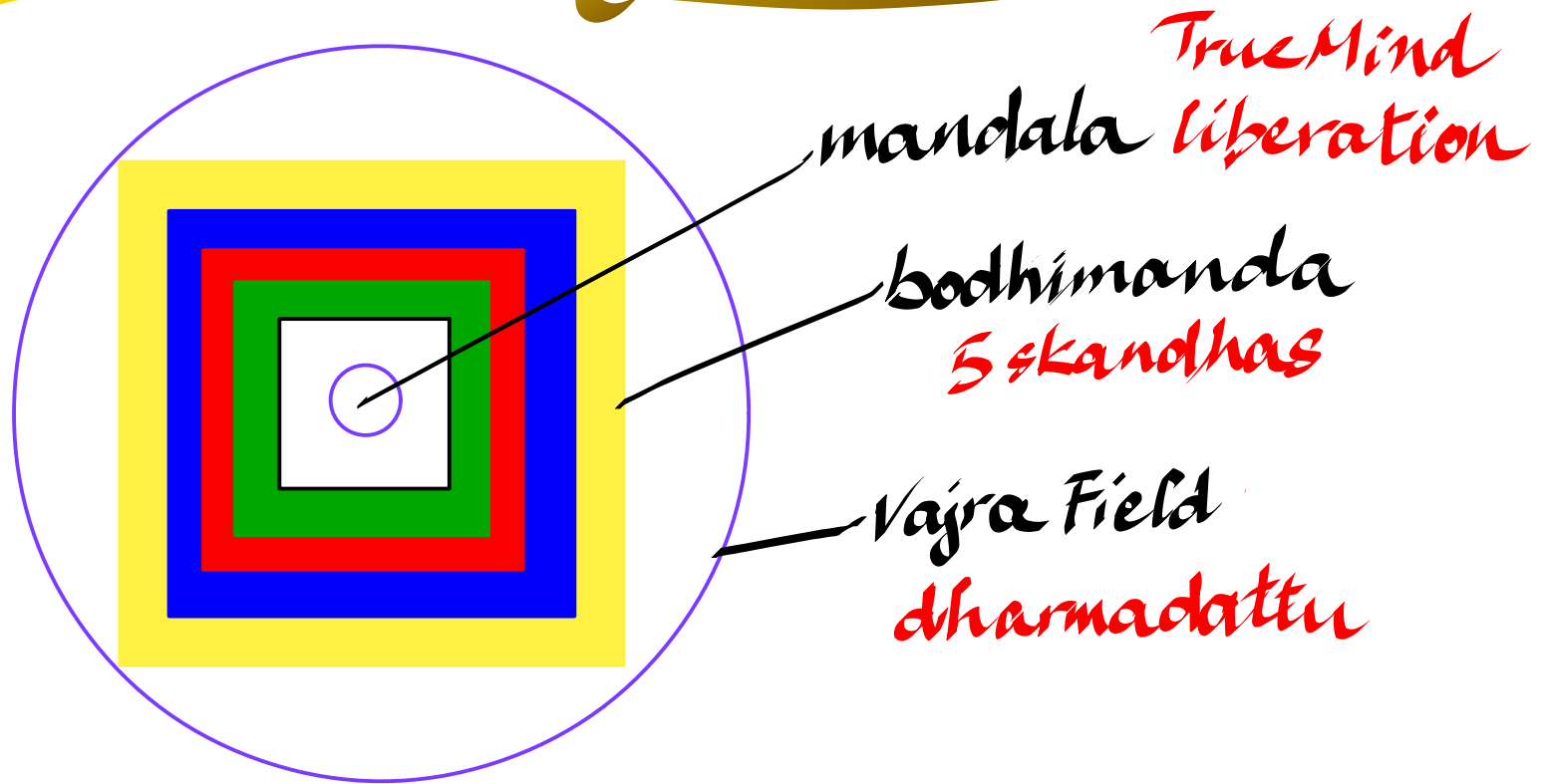
- Space
- A collective body



Vajra Field

- Dharmadattu (Sunyata)
- without form/substance
- wisdom & compassion

From the philosophy of to building the physical Vajra Field



◦ For CSS

1. Caring for the facility
(public building)
2. Caring for members
 - former members
 - new members
3. Caring for other people & organizations
 - bringing new people to CSS
 - bringing other organizations to CSS



consciousness

- 3 DA → When changing from one state to the next
→ becoming less fearful
1. Falling asleep → wakefulness/sleep
 2. Awaken → sleep/wakefulness
 3. Shower → attachment/freedom
 4. Meditation → material/spirituality